

B|R|A|V|E

Be Resilient and Voice Emotions

2022-2023

ANNUAL

REPORT





Parents & Guardians

SHARE THEIR EXPERIENCES

“**BRAVE has been very helpful** to me and getting services for my son. I am thankful for you guys.”

“I honestly **don’t know what we would have done without the BRAVE program.** I had tried calling several providers and was told there was a months long wait. Our pediatrician referred me to the BRAVE program, and they were in touch within 24 hours. They were able to get my son an appointment with a counselor within weeks (so much better than the months long waitlists we were put on). He loves his counseling sessions and his anxiety is so much better. His emotional outbursts are getting better and **our whole family has benefited.** Thank you!”

“The **counselor that she is working with has been so amazing.** The communication has been ongoing and she calls to get our opinions on things before she reacts or does anything. She has been very open with how A. is and what she needs help with. Thankful that BRAVE found this counselor.”



School District Staff

SHARE THEIR EXPERIENCES

"I really appreciate how the BRAVE program bridges and makes the connection from the educational setting to the medical (private counseling/assessments) setting. Also, **BRAVE case workers explore topics like insurance, medicaid, which provider is accepting new clients, etc.**, which are topics that are difficult for school-based providers to have knowledge of or stay up to date on."

"I am **really appreciative that this program exists.** I feel it connects families with much needed mental health services in a timely manner. I feel referrals to community providers are at an all time high in our community, and I believe that is because BRAVE has assisted with removing some of the barriers to help families get connected to much needed services. Thank you to everyone at BRAVE who has made this program a huge success for Nassau County."

"**The greatest benefit I've experienced is not having to locate, follow up and manage referrals.** Parents that are more difficult to get to engage can be extremely time consuming."

"It's been a great experience. The staff have been easy to communicate with and when there is an issue with a parent we are able to resolve it quickly. Monthly/quarterly meetings have been beneficial for updates and questions."

"The BRAVE program has been extremely helpful to us in providing resources for many areas of need, not only mental health. The **staff is very professional and always willing to go above and beyond to assist a family** with whatever needs they may have."



BRAVE History

2019

The first year of BRAVE.

The PLAYERS Championship announces \$1 million gift.

FL Blue grants \$350,000 to BRAVE.

Summer 2022

BRAVE receives \$3 million from the state of Florida to implement BRAVE statewide.

Fall 2022

Second school year with Nassau, Clay, and Putnam Counties and fourth school year with St. Johns County.

Planning and implementation for a state-wide approach continues.

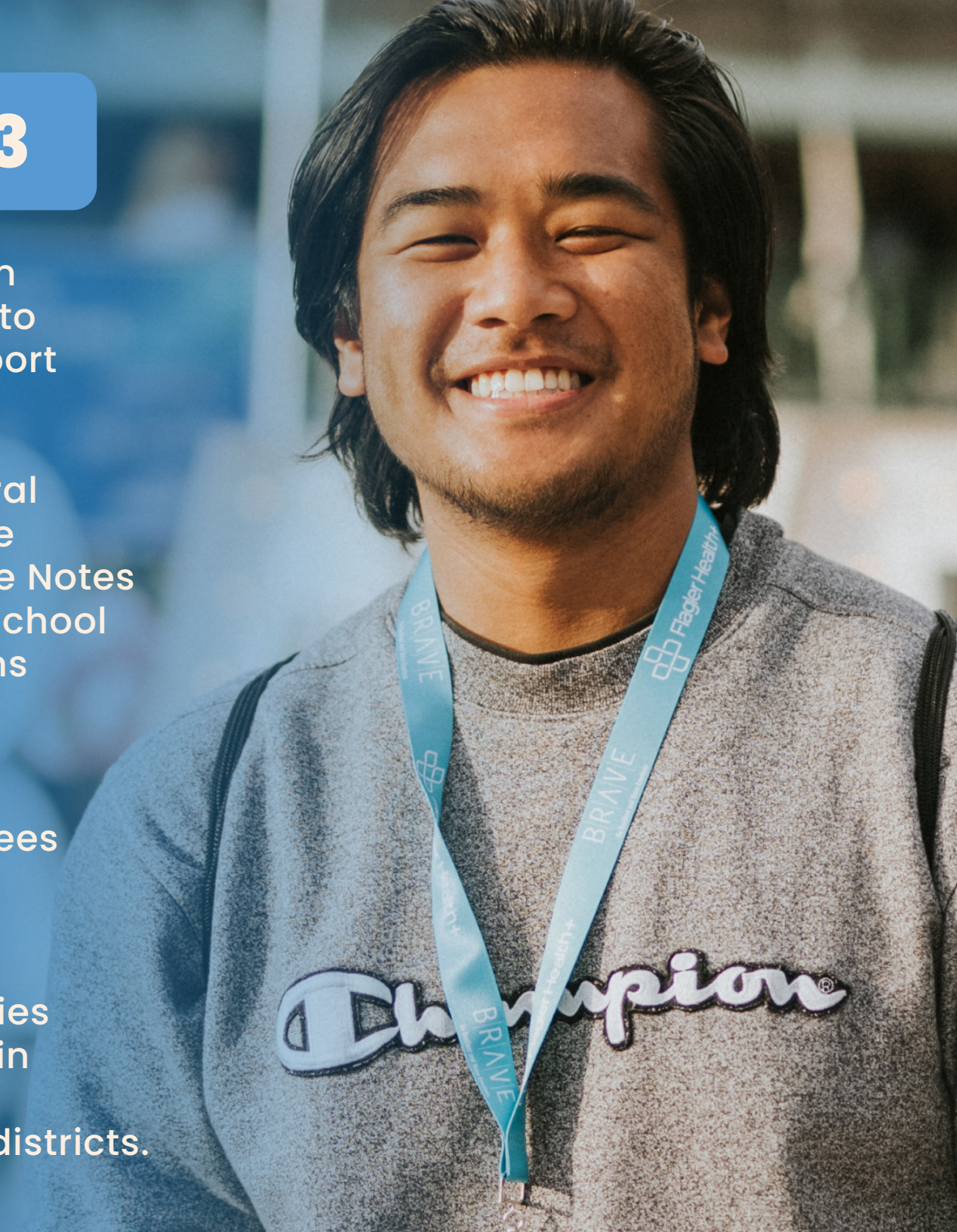
Spring 2023

BRAVE receives \$8 million from the state of Florida to provide continuous support for statewide expansion.

BRAVE expands behavioral health network to include additional tools like Cope Notes and free counseling for school staff & parents/guardians through Betterhelp.

Held third annual BRAVE Summit with 1010 attendees from 18 counties.

In the past school year over 24 additional counties have expressed interest in implementing the BRAVE program in their school districts.





BRAVE Provider Network



A Core Connection
A Helping Hand
ABA Connections
Adapt Behavioral Health
All Therapies LLC
BASS ABA
BetterHelp
Children's Home Society
Chrysalis
Clay Behavioral Health Center
Clean Slate Counseling
Cultivate
Delores Barr Weaver Policy Center
Easterseals
EPIC Behavioral Healthcare
First Leap Counseling
Florida Clinical Solutions Academy
Florida Psychological Associates

Help Me To Help You
Impower
Inspire to Rise
Jasmyn Counseling
Land, Sea, and Mat Counseling
Mara's Lighthouse
Meridian Behavioral Healthcare
Michelle McGlamery
New Growth Counseling
NP Counseling
Outreach Community Care Network
Ranger MHC Services
Right Path
River Point Behavioral Health
River's Edge Counseling
SMA Healthcare
St. Augustine Youth Services
Starting Point
Youth Crisis Center

State of Mental Health

50%

of Florida youth in need of mental health services do not receive treatment.

33

where Florida ranks in the country for youth mental health care.

40%

of parents/guardians currently worry about their child's mental health.

2nd

Suicide is the second leading cause of death for adolescents.

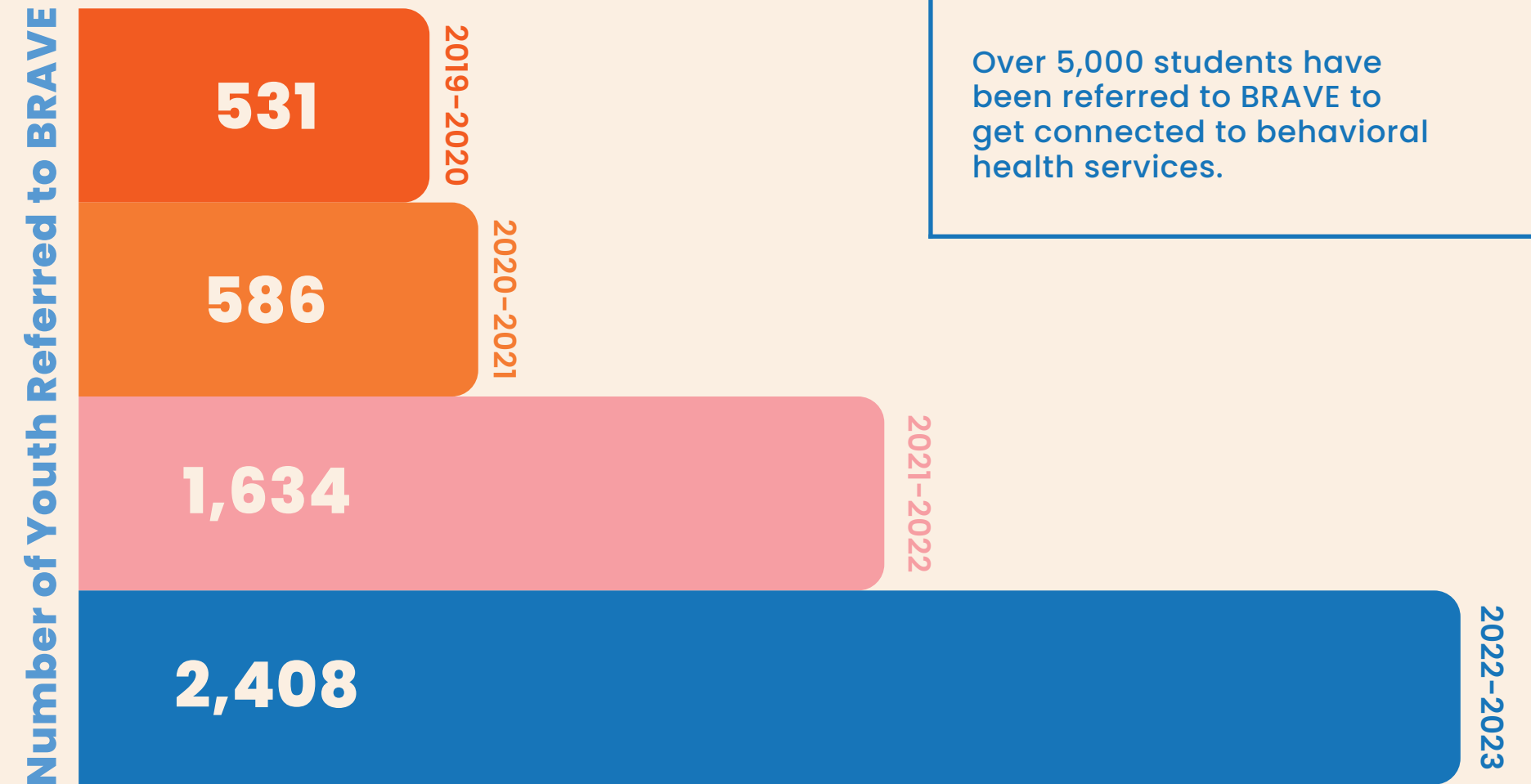


BRAVE Overview

94%

satisfaction rating on mental health services provided through the BRAVE program.

Over 5,000 students have been referred to BRAVE to get connected to behavioral health services.



Annual BRAVE Summit

2021

56 attendees

100% of attendees stated they had a better understanding of how to access mental health resources after the Summit.

86% of attendees stated the Summit influenced them to seek health support.

2022

501 attendees

95% of attendees felt the Summit provided an inclusive and accepting environment and the vendors' information was relevant to their needs.

96% of attendees stated the Summit influenced them to seek mental health support.

2023

1,010 attendees

Students from across 18 counties attended the Summit.

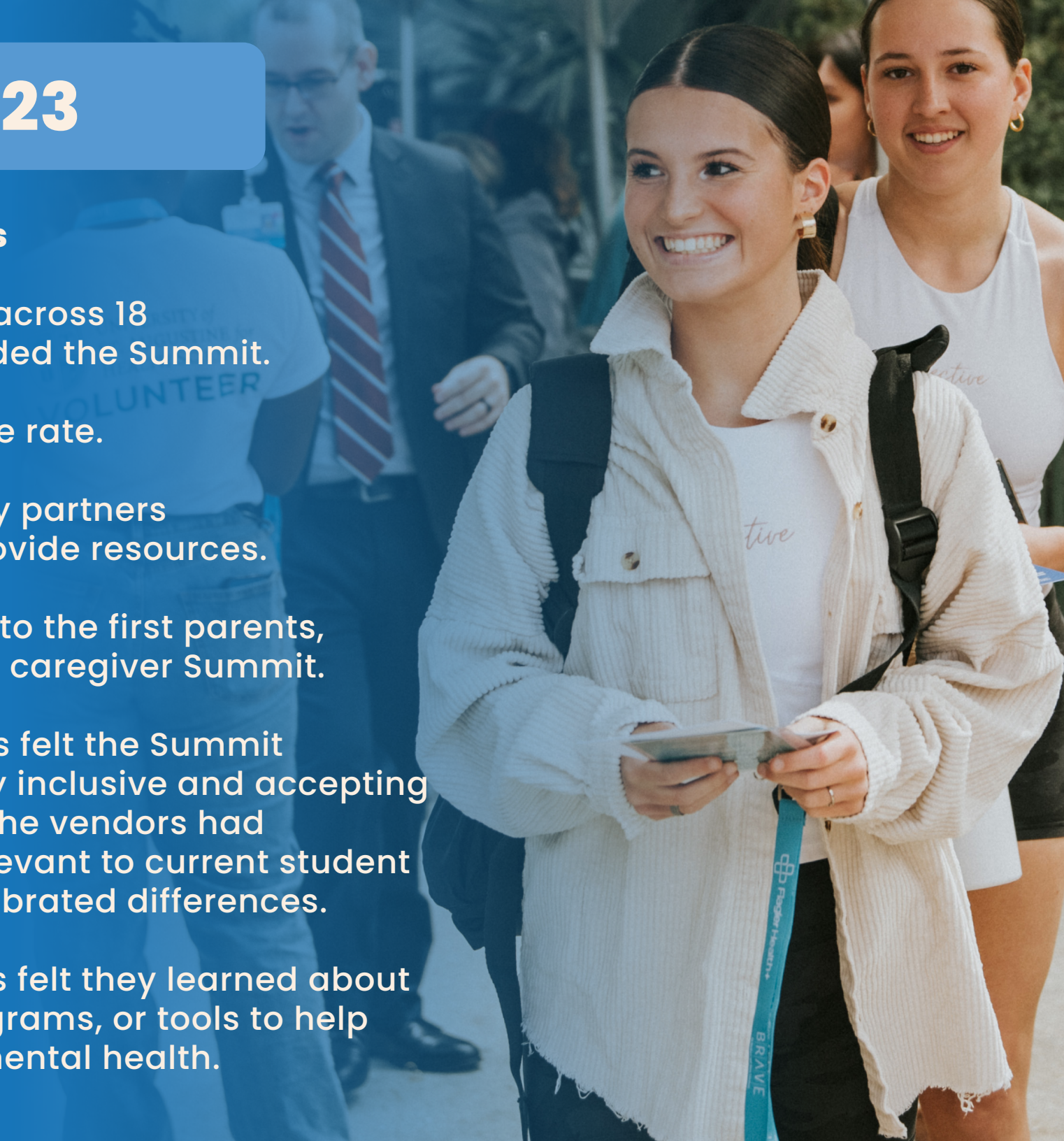
87% attendance rate.

30+ community partners attended to provide resources.

50+ attendees to the first parents, guardians, and caregiver Summit.

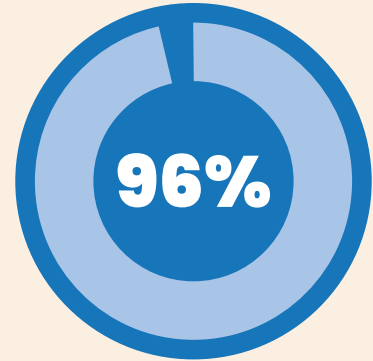
94% of students felt the Summit provided a very inclusive and accepting environment; The vendors had information relevant to current student needs and celebrated differences.

97% of students felt they learned about resources, programs, or tools to help support their mental health.

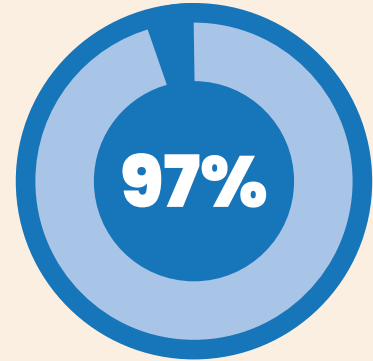


Appointments Retained

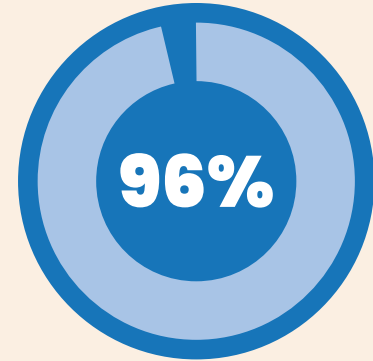
ST. JOHNS COUNTY



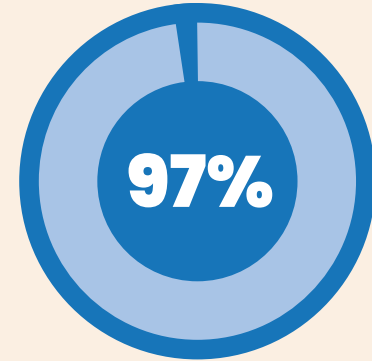
2019-2020
269 Appointments Scheduled



2020-2021
2,138 Appointments Scheduled

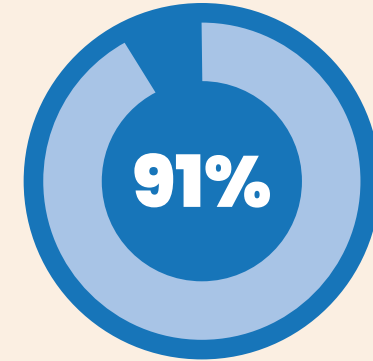


2021-2022
1,782 Appointments Scheduled

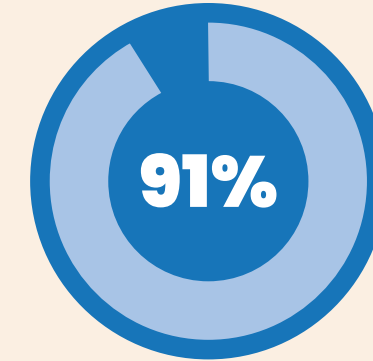


2022-2023
1,284 Appointments Scheduled

NASSAU COUNTY

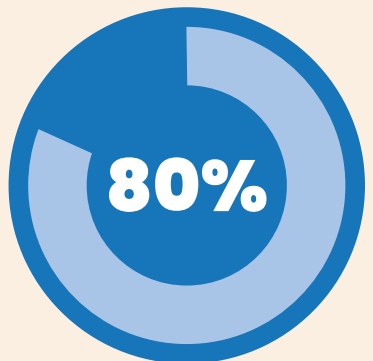


2021-2022
1,379 Appointments Scheduled

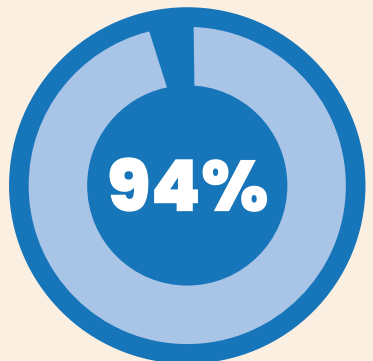


2022-2023
1,890 Appointments Scheduled

CLAY COUNTY



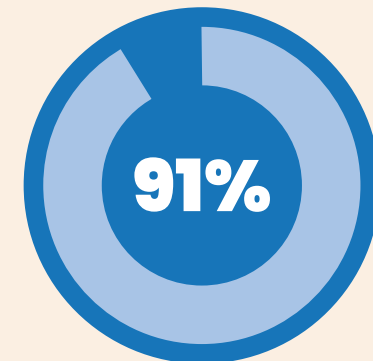
2021-2022
1,655 Appointments Scheduled



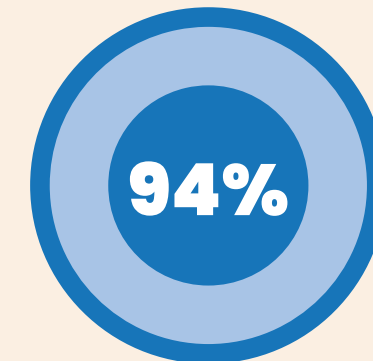
2022-2023
2,856 Appointments Scheduled

No show rate of only **6.9%** compared to national average of **18%**.

PUTNAM COUNTY



2021-2022
32 Appointments Scheduled



2022-2023
80 Appointments Scheduled



Model Impact



\$220,000

Mental Health Allocation increased from \$180,000 in 2021-2022 to \$220,000 in 2022-2023.

353%

Increase in referrals to BRAVE Program since 2019.

530%

Increase in appointments attended since 2019. 39% increase since 2021-2022.

Length of Time

Students were connected to a BRAVE Navigator in less than

24 HOURS

The average days from referral to first appointment is

26.75 DAYS

The national average is around 2 months or 6 weeks to receive counseling services.



Demographics for the BRAVE Program

GRADE & GENDER ANALYSIS

43%

MALE

45%

FEMALE

12%

UNSPECIFIED

38%

Grades 1-5

35%

Grades 6-8

27%

Grades 9-12



B|R|A|V|E

Be Resilient and Voice Emotions

100 Whetstone Pl., Suite 303
St. Augustine, FL 32086

904.819.3070
CareConnectPlus.com/BRAVE